

# Using **Webex** with low bandwidth.

Webex is a collaboration tool that allows you to schedule, join and participate in live video meetings, 1:1 and team messaging, whiteboarding, and screen and content sharing.

If you have low bandwidth or a poor internet connection, it can impact your Webex experience. You'll see a notification on screen to let you know. Here's some tips on working with low bandwidth.

## Keep your audio connected

Using "Call Using Computer" uses the internet connection and can take up bandwidth. Instead, use the "Call Me" or "I Will Call In" option when available to dial into the meeting from a cellular or land line.

## Voice over video

Keeping your camera on is a best practice, but if you have a poor internet connection – focus on maintaining a good audio and sharing experience first. Turn your video off by clicking the camera icon.

## Collaborating on content

If you need to present, try sending the file through Webex beforehand or share a link to the file, rather than sharing your screen. This will save valuable bandwidth so you can keep collaborating.

## Test your network

If Webex still isn't working as expected, you can run the [Network Test Tool](#) to troubleshoot your connectivity issues or visit the [Global Service Status](#) page for updates on service delivery.

Need help getting started? Visit [help.webex.com](https://help.webex.com)

[Download Webex today.](#)



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